

COELIAC LUNCH MENU

SOUP

HOMEMADE VEGETABLE SOUP

Served with gluten free bread

6

GOURMET SANDWICHES

OSCAR'S CLUB SANDWICH

Grilled bacon, chicken, tomato, salad leaves, boiled egg and mayonnaise toasted in a triple-decker

9

BLT

Grilled bacon, lettuce, tomatoes & garlic mayo, toasted in a triple-decker

8.5

QUESADILLA

Toasted gluten free wrap filled with cajun spiced chicken, melted cheddar & mozzarella cheese and a sweet chilli mayo

8

SKINNY WRAP

Toasted gluten free wrap filled with grilled chicken, cherry tomatoes and a chilli and tomato relish

8

BACON MELT CIABATTA

Warm gluten free ciabatta filled with hot bacon, melted cheddar, chilli mayo, ballymaloe relish, lettuce and tomato

9

BBQ MELTER

Toasted gluten free ciabatta filled with chicken, bacon, melted cheddar and BBQ sauce

9

SIDE ORDERS

Extra Side Order 3.8, Sauces 2, Dips 0.7

Fresh Hand Cut Chips | Garlic Potatoes

Creamed Potatoes | Champ | Baked Potato

Selection of Vegetables | 1/2 Veg, 1/2 Mash | Rice

Tossed Salad | Side Salad (€1 Extra) | Coleslaw | Garlic Bread

Sauces - Pepper Sauce | Roast Gravy | Garlic Butter | BBQ Sauce

Dips - Garlic Mayo | Cajun Mayo | Sweet Chilli Mayo

SALAD BOWLS

CHICKEN & BACON CAESAR SALAD

Cos leaves with roasted chicken, bacon, gluten free herb croutons, creamy Caesar dressing, topped with Parmesan cheese shavings

12.5

HOT BACON & CAJUN CHICKEN SALAD

Mixed leaves topped with hot bacon, cajun chicken, sauté onions, tomato, cucumber & black pepper & lemon mayonnaise

13

HOT CAJUN SALMON SALAD

Mixed leaves topped with warm cajun salmon, cucumber, tomato, red onion & lemon mayonnaise

15

HOT DISHES

STEAK SANDWICH

Tender sirloin steak, topped with onions rings served in a toasted garlic ciabatta with pepper sauce & a side order of your choice

16.9

ROAST OF THE DAY

Please ask your server

13.5

ALL DAY BREAKFAST

One fried egg, 2 bacon, 2 sausage, baked beans and chips. Served with toast

11.5

CAJUN SALMON

Fresh fillet of Donegal salmon, tossed in Cajun spices and oven baked, served with a side order of your choice

15.9

BAKED COD

Baked fillet of fresh cod, served with a side order of your choice

14.9

SWEET TREATS

VANILLA ICE CREAM

Topped with an Cadbury's Flake

6

SNICKERS CAKE

The cake version of the classic chocolate bar, served with fresh cream or ice-cream

6